Simple, wholesome, gluten-free recipes your whole family will love.

This is your place for gluten-free recipes that will make your life easier. I believe that people with food allergies don't have to feel left out.

Desserts

Salads

Dinner

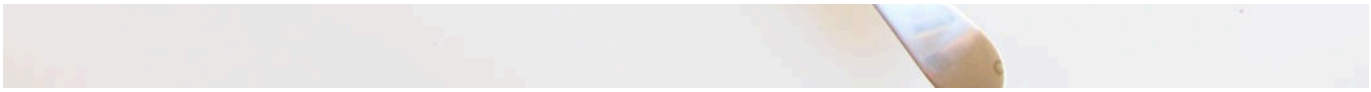
Kid-Friendly

Find a recipe your family will love!

Search Recipes

Gluten-Free Dinner Recipes

Thai Cashew Chicken Stir-Fry



Vegan Taco Salad

Spring Vegetable Sheet Pan Pizza

30-Minute Turkey Taco Skillet (One Pan!)

Spaghetti Squash Pad Thai

MORE DINNER RECIPES…

Spring Salad Recipes

Strawberry & Spinach Salad

Vegan Kale Caesar Salad

Summer Cucumber Salad

Apple Almond Quinoa Salad

Kale Salad with Grapes, Dates & Almonds

MORE SALAD RECIPES…

the latest & greatest recipes

The Ultimate Gluten-Free Mother's Day Brunch Menu

Mother's Day is the perfect excuse to slow down, gather around the table, and celebrate the moms we love—with really good food. If you're planning a special brunch but need...

CONTINUE READING →

Honey Sriracha Shrimp Tostadas

If you’re looking for a quick dinner that feels a little extra special without adding stress to your evening, these Honey Sriracha Shrimp Tostadas are it! They’re sweet, spicy, fresh,...

CONTINUE READING →

The BEST Gluten-Free Cinco de Mayo Recipes

Cinco de Mayo is the perfect excuse to gather around the table, soak up some sunshine, and enjoy vibrant, flavor-packed food with the people you love. And if you're eating...

CONTINUE READING →

Almond Butter Oatmeal Chocolate Chip Cookies

If you’re craving a cookie that feels indulgent and nourishing, these Almond Butter Oatmeal Chocolate Chip Cookies are about to become your new go-to. They’re soft, chewy, perfectly sweet, and…

CONTINUE READING →

GET ON OUR

mailing list!

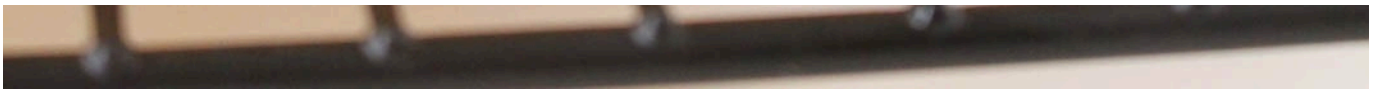
SIGN UP HERE

HI THERE!

I'M CANDACE

Welcome! This is your place for simple, delicious, healthier gluten-free recipes. I believe that people with food allergies don't have to feel left out. Here, you will find everything from hearty pasta to decadent chocolate chip cookies. There is something for everyone! **Read more...**

Gluten-Free Cookies, Brownies + Donuts



Paleo German Chocolate Brownies

(Grain-Free) Blueberry Donuts & Lemon Glaze

Gluten-Free Sugar Cookies

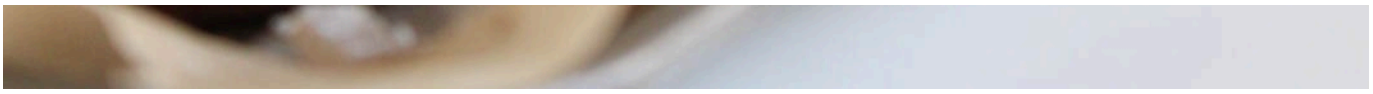
Almond Butter Chocolate Chunk Cookies

(Grain-Free) Strawberry Shortcake Donuts

MORE GLUTEN-FREE SWEET TREATS…

Gluten-Free Side Dishes

Spicy Roasted Bok Choy



Spinach & Goat Cheese Stuffed Portobellos

Gluten-Free Flatbread & Homemade Hummus

Mashed Cauliflower with Kale

Zucchini & Sun-Dried Tomato Muffins

MORE SIDE DISH RECIPES…

NEVER MISS A RECIPE!

Get in the know.

Stay up to date on all the best gluten-free recipes that we've got coming your way. Don't worry, we won't spam you.

First name

Last name

Email address

SUBSCRIBE

RESOURCES FOR CELIACS WELLNESS

BABY + MOTHERHOOD

Resources for Celiacs

When you are newly diagnosed with Celiac Disease or gluten sensitivity, it can be extremely overwhelming. There is not doubt that it changes your life, but be patient and give yourself some grace. It will be so worth it when you restore your health and are feeling like yourself again.

BROWSE MORE

LIFESTYLE | FITNESS/WELLNESS | RESOURCES

How To Choose High Quality Vitamins & Supplements

LIFESTYLE | FITNESS/WELLNESS | RECIPE COLLECTIONS | RECIPES | RESOURCES

9 Creative Ways to Add Collagen to Your Diet

BABY/MOTHERHOOD | KID-FRIENDLY | LIFESTYLE | RECIPE COLLECTIONS | RESOURCES

Best Sources of Protein For Kids

RECIPES | FALL/HOLIDAY | RECIPE COLLECTIONS | RESOURCES

The BEST Gluten-Free Game Day Recipes

browse popular topics

- Breakfast & Brunch
- Cookies & Brownies
- Main Course
- Smoothies & Beverages
- Vegan
- Meat, Poultry & Seafood
- Wellness
- Travel

GET ON OUR

mailing list!

SIGN UP HERE

© 2026 The Wheatless Kitchen • Rosemary Theme by Restored 316

Privacy Policy